

AT
MOSS SPRING
SWIM CLUB



LIFEGUARD COURSE

WHAT YOU NEED: Be able to swim 500 yards, turn 15 years-old by the end of the course, lifeguard book, CPR mask, and an email address.

The American Red Cross lifeguard course will take place over a few dates. Participants will participate in a blended learning experience including completing online assignments, and hands-on lifeguarding and CPR skills. You must be in attendance for everything.

All participants will need the guard book and a CPR mask, which is available for purchase at www.redcross.org, by the first day of class. A free digital version of the guard book is available on their website. The cost of the course is \$225. Payment will be taken the first day of class. Questions may be directed to Kate Smith (717) 658-0903 or katemiller3041@gmail.com.

Dates:

Wed, June 1 4:30-8:30pm

Thurs, June 2: 2pm-4pm

Sun, June 5: 12pm-4pm

Please click on the link below to register for the class. Once you are registered the instructor will send you a link to complete the online portion PRIOR to the first day of class. You must bring a printed copy of your completion of the online course to the first day of class.

[Registration Form](#)